

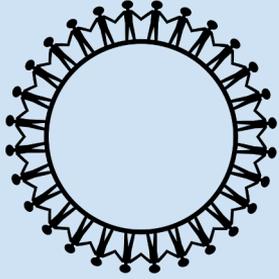
Autism Shelter-and- Play Project

Let's go to the Beach

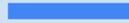
David Hernandez, Bridget Mccarron, Dionne Meehleib, Alyssa Smith

Early Childhood 2

SPED 691 – Autism in the Contemporary World (Fall 2020)



Introduction

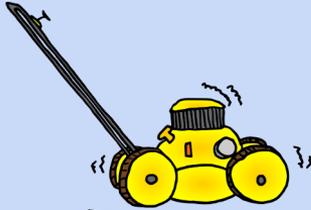
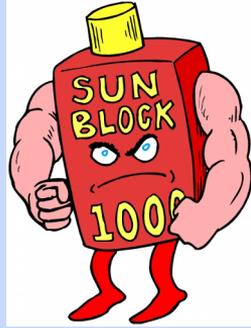


COVID-19 has affected us all in some way. This here is a resource of fun activities that young children and the whole family can take part in. We are all in this together, but at the same time apart. Time to let loose, hang ten, and dive in!

Target Audience

- Parent/family member to directly engage own child (may include siblings/peers)
- Teacher/therapist/caregiver to virtually support parent/family member to engage own child

What to bring to the beach? By David Hernandez



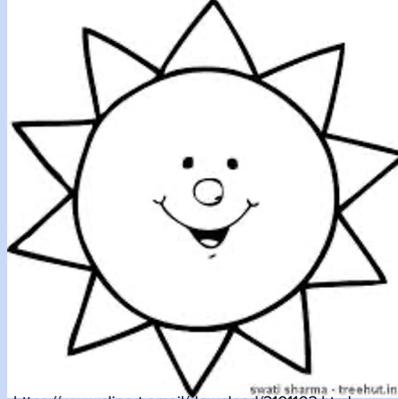
- In this activity, we can cut out, put an “X” or circle the items we would need for a day at the beach!
- Using this activity, we can follow along and use the items that we do need for the beach and ensure we have them packed!
- A little hint, we won’t be using all of the items!

Shape recognition

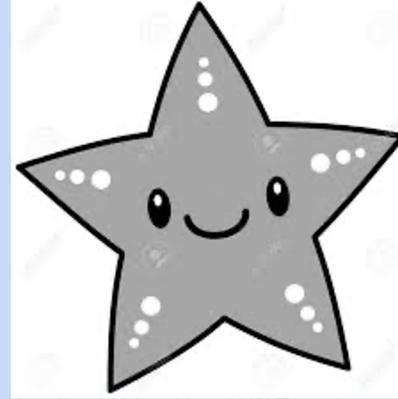
Examples of printable drawings

- Can be traced with markers
- Can be colored in
- Helps them recognize shapes in a creative way

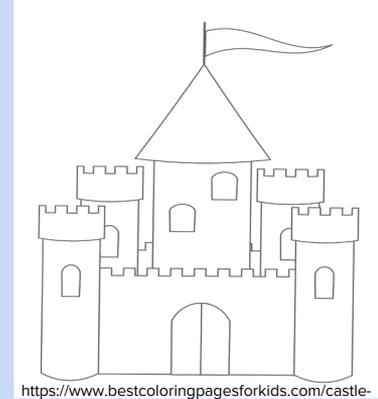
Just have fun with it!



<https://www.clipart.email/download/3101102.html>



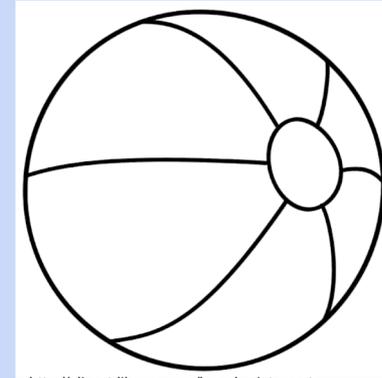
https://www.123rf.com/photo_96453774_stock-vector-a-vector-cartoon-illustration-of-a-cute-starfish-.html



<https://www.bestcoloringpagesforkids.com/castle-coloring-pages.html>



<https://www.vectorstock.com/royalty-free-vector/ice-cream-cherries-and-sunglasses-black-and-white-vector-24930331>



<http://clipart-library.com/beach-pictures-to-color.html>

Shapes with play dough

Printable traces of different shapes and drawings to mold play dough into:

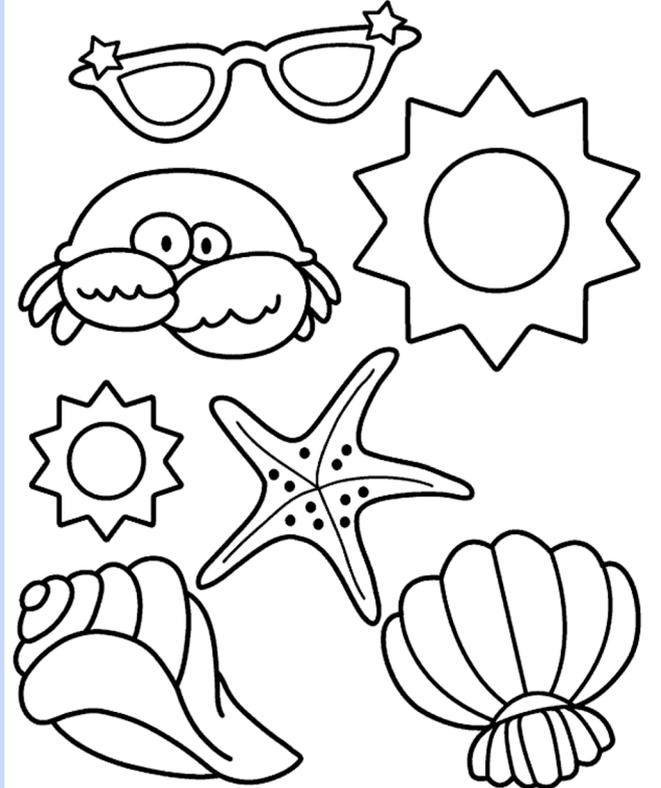
- Circle
- Triangle
- Square
- Oval
- Starfish
- Seashells
- The sun

And many more!



<https://www.pre-kpages.com/products/2d-play-dough-shape-mats/>

At the Beach



<https://tom.iwantnitroicecream.com/attach/>

By Dionne Meehleib

Messy Play: An Edible Beach

This is a fun activity to bring the beach to you! This activity is geared towards young ones, but all can participate and show off their artistic abilities. This messy activity can let your child explore and engage many of their senses from taste, to touch, to smell.

All you need is:

- Bowls/plate
- Vanilla pudding
- Graham crackers
- Blue dye
- Ziplock baggie
- spoon
- Decorations of your choose:
 - Teddy grahams
 - Drink umbrellas
 - Airhead extremes

How to put it together:

1. Dye the vanilla pudding blue to make the water
2. Place graham crackers in Ziplock baggie and crush with hands (or use back of spoon to crush) to create sand
3. Place the sand on top of the water to create the shore
4. Be creative and use different decorations to create the perfect beach scene!

By: Bridget McCarron

Edible Beach Steps with Pictures



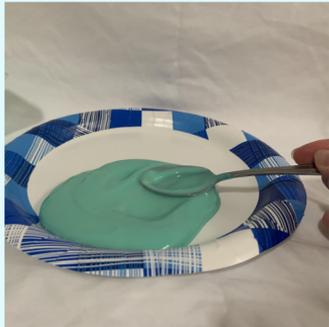
1) Get together your Materials



2) Create your "water"
Mix 2 drops of blue dye into vanilla pudding



3) Make your sand
Place 4 square graham crackers in ziplock and smash with back of spoon



4) Spread you "water" onto your plate. You can create ripples to look like waves



5) Place down your sand to create a shore



6) Decorate and play with your beach scene however you like

Sensory Bottles

By. Alyssa smith

This is a great activity for one to experiment with different sensations like touch and sight. Beach themed sensory bottles can be done at home or at the beach with just a few simple items!

What you will need:

- Plastic bottle with lid (soda bottle 12 oz to liter)
- Water (filling bottle $\frac{1}{3}$ full)
- Sand

Optional:

- Food coloring
- Glitter
- Confetti shaped like fish
- Assorted pack of small beach themed items

How to make your bottle at the beach:

1. Fill your plastic bottle $\frac{1}{3}$ the way with water
2. Add optional food coloring and glitter
3. Explore beach for small beach items like shells
4. Add sand (amount can vary)
5. Put cap on tightly and rotate up and down
6. Explore and have fun with your new personal sensory bottle!

How to make your bottle at home:

1. Fill your plastic bottle $\frac{1}{3}$ the way with water
2. Add optional food coloring and glitter
3. Explore house for beach themed items or can get an assorted pack of beach themed small toys on Amazon or at Michaels
4. Put cap on tightly and have fun exploring with your new personal sensory bottle!

Beach Songs



Baby Shark Dance
By: Pinkfong!



Let's Go to the Beach!
By: Songs for Kids



The Beach Song
By: Fisher Price



"Captain of the Boat"
By: Netflix Jr



We're Going To The Beach
By: Pete The Cat Official



Let's Go to the Beach!
By: AO Kids