



**Sarah Mast, M.A.**  
**Master IPG<sup>®</sup> Guide**

My name is Sarah Mast and I have a master's degree in Developmental Psychology from San Francisco State University (SFSU) and a bachelor's degree in psychology, with a minor in education from the University of California Davis.

During my undergraduate studies I worked as a research assistant at the Mind and Brain Research Center, exploring neural patterns in children who have fragile x-syndrome, using functional magnetic resonance imaging techniques. After graduating with my bachelor's degree I worked as a one-to-one aid for children with Autism Spectrum Disorders in full inclusion classrooms for two years.

During my graduate studies, I worked as an Integrated Play Groups (IPG) guide and research assistant for the *Integrated Play Groups: Promoting Symbolic Play, Social Engagement and Communication in Children with Autism with Typical Peers across Settings* research team. My responsibilities included, facilitating IPGs, administering the Vineland Assessment, and conducting diagnosis verification using the Autism Diagnostic Observational Schedule. My own thesis work used observational data to examine the relationship between play and imitation among children on the autism spectrum.

After graduating from SFSU I moved to Southern California where I obtained a position working for California PsyCare in San Diego as an Associate Clinical Supervisor, where I supervised and facilitated ABA in-home therapy for children with Autism Spectrum Disorders.